



www.ukcsf.org

CSF **DISCIPLESHIP**

[CONNECT + SERVE]



WHAT IS CSF?

CSF is a community of people that seek to follow Jesus on campus. We've been at the University of Kentucky for more than 50 years, trying to reflect Jesus out into campus.

Our **mission** is to let Jesus work *in us and through us* on the UK campus, to reach the ultimate goal of becoming fully devoted followers of Jesus. One of the key ways we accomplish this is CSF **Discipleship**.



CSF DISCIPLESHIP

Your journey at CSF might have started with a party or cookout, but we don't want it to end there. Discipleship is at the very heart of CSF's mission for the UK campus, and it's our goal for every student that passes through our doors.

We don't just want to be a ministry at the edge of campus life. We want to be a movement of people in the heart of campus that say "yes" to Jesus, that try every day to be more and more conformed to his image. So how do we do this? The two main components of CSF Discipleship are **Core Groups** and **Service**.





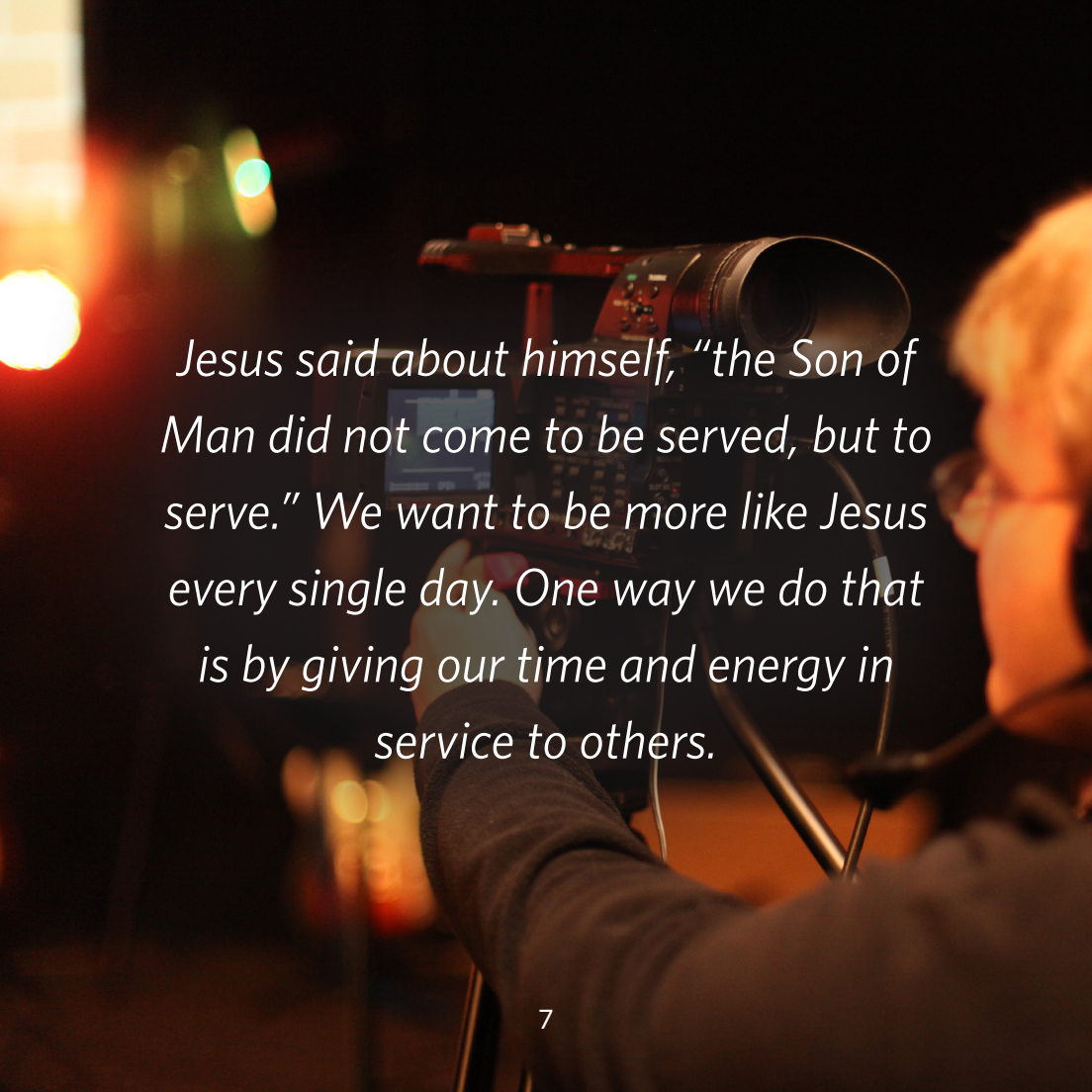
CORE GROUPS

Jesus often retreated from the crowds to spend time with a close group of followers—his disciples. We try to follow in Jesus' footsteps with Core Groups. These weekly gatherings of 6-12 students are a space to know and to be known, to study scripture and challenge one another to give your all to Jesus.

Being in a Core Group doesn't mean that you've got it all figured out. We definitely don't! But these groups are a safe space to ask questions, open up, and grow in your faith. The only thing you need to be in a Core Group is a desire to follow Jesus.

SERVICE

HELP CREATE A HOME ON CAMPUS



Jesus said about himself, "the Son of Man did not come to be served, but to serve." We want to be more like Jesus every single day. One way we do that is by giving our time and energy in service to others.

When you serve, you help to create a welcoming environment for students to call home. Here are a few ways you can serve with CSF:

- Pancakes
- Intl. Outreach
- Greek Outreach
- Shift Meals
- Synergy Champions
- Synergy Meals/PSPs
- Synergy Set Up
- Tech Team
- Southland High School Ministry
- Southland Middle School Ministry
- Worship Team
- And more!

THE DISCIPLESHIP PROCESS

We know that everyone's story is different. This is just one common way that the journey of conforming to the image of Jesus through CSF Discipleship can unfold. Whatever your story, we're glad you're here!

1. DISCOVER

Pancakes. Parties. Cookouts. These events are created to connect with students from all across campus. We want CSF to be "the most hospitable place in the galaxy," a home on campus where students from all walks of life feel welcome and valued.



2. CONNECT

Synergy. Shift. Retreats. 3 O'Clock Prayer. These are spaces for students to get plugged in, meet new people, and begin to explore what it can look like to follow God on campus. It's in these settings that students often begin to respond to God's calling for their life on campus.



3. ENGAGE: DISCIPLESHIP

You're all in. CSF Discipleship is at the very heart of our mission for the UK campus. Through serving and being involved in a Core Group, Jesus will begin to work *in* you and *through* you in ways you could never imagine!



CSF LEADERSHIP

A UNIQUE CHALLENGE

We want everyone at CSF to have an opportunity to grow and serve through **Discipleship**. But some students may be interested in stepping into the unique challenge of **Leadership**. These roles mean being on the frontlines of the ministry, helping to guide teams in key ways from week to week.

We think CSF Leadership is a great opportunity for students looking for a higher level of challenge. But Leadership isn't for everyone. You can absolutely still be a part of Discipleship and serve without committing to a Leadership role.

BEING A LEADER WITHIN CSF DISCIPLESHIP MEANS A FEW THINGS:

- **Higher character commitment** as you set an example for students both at CSF and across campus.
- **Higher time commitment** (modest summer equipping sessions and other weekly requirements vary by team).
- **Higher cultivation** by CSF to help you grow and develop your gifts.

HERE ARE SOME OF THE TEAMS THAT WILL NEED STUDENT LEADERS:

- Prayer Team
- Greek Outreach
- International Outreach
- Pancakes
- Core Groups
- Shift Groups
- Shift Meals Team
- Synergy Meals Team
- Synergy Set Up
- Tech Team
- Synergy Hospitality
- Building Team
- Communications
- Men's Ministry



COMMITMENTS & EXPECTATIONS

As a part of CSF Discipleship, you're committing to:

- Show up to **Synergy** and your **Core Group**, the central rallying points for our ministry each week.
- Come to **Fall Retreat** (and have a blast!).
- Attend either **Winter Retreat** or **Spring Break**.
- **Live wisely**. We think life should be bigger and better than what "college life" has to offer. When it comes to partying, sex and alcohol, we choose to live differently—more fully.
- Make Kickoff Week great by giving to the **100 Campaign**.

OTHER WAYS TO **GET INVOLVED** AT CSF

Discipleship isn't the only thing happening at CSF! There are tons of other great opportunities to meet new people and feel more at home every single week:

Five Dollar Fast — Five Dollar Fast is a movement built on the idea that "A little can do a lot." Each week we fast from a meal and donate what we would have spent to help local folks in need. www.fivedollarfast.org

3 O'Clock Prayer — This is a daily time to step away from the busyness of campus and refocus on God.

Pancakes — Every Friday night we serve up mountains of tasty, totally free pancakes—no strings attached. Bring on the syrup!

International Language Partner — Connect with an international student to help them practice their english and find a home in Lexington. The perfect way to serve and make a new friend.

CSF Coffee Stop — Need a boost to get you through class? We've got you covered. Coffee. Hot chocolate. Completely free. Every weekday at CSF.





"Christian community is the place where we keep the flame of hope alive among us and take it seriously so that it can grow and become stronger in us. In this way we can live with courage, trusting that there is a spiritual power in us when we are together that allows us to live in this world without surrendering to the powerful forces constantly seducing us toward despair. That is how we dare to say that God is a God of love even when we see hatred all around us. That is why we can claim that God is a God of life even when we see death and destruction and agony all around us. We say it together. We affirm it in each other. Waiting together, nurturing what has already begun, expecting its fulfillment—that is the meaning of marriage, friendship, community, and the Christian life."

—HENRI NOUWEN